

Intensive Case Management Programs

Office of Substance Abuse and Mental Health Services

Maine Department of Health and Human Services

The Issue in Maine:

- ❑ There are approximately 1500 inmates in the county jails on any given day.
- ❑ 1 in 3 inmates (34.8%) have a mental health diagnosis while 13.5% were diagnosed with a Serious Mental Illness.
- ❑ Inmates with SMI are 2 times more likely to have a substance abuse diagnosis, a history of substance abuse, or be screened positive for substance abuse.
- ❑ Inmates with SMI are 3 times more likely to be at risk of suicide, have a history of suicide attempts and be under suicide watch.
- ❑ Inmates with SMI were significantly more likely to have multiple medical conditions and have multiple prescriptions for mental health and medical conditions.



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Programs:

- ❑ Maine's Forensic Intensive Case Management staff provide release planning services to people with Severe Mental Illness (SMI) and Co-Occurring Disorders in the county jails and state correctional facilities
- ❑ An ICM helps a person return to his community by working with them while in the correctional facility to identify needed services and entitlements, such as health care, psychiatry and medication management, counseling for mental illness and/or substance abuse, applying for Social Security Income, MaineCare, Food Stamps, housing subsidies and vocational supports.
- ❑ Following their release, a person with SMI who has MaineCare can continue to work with a community case manager to achieve goals such as securing permanent housing, jobs, remaining stable and healthy and work towards recovery. Other alternatives for people with SMI in the community may also be available, such as the PATH programs for homeless people or case management through DHHS grant funds

Program Goals:

- ❑ To actively engage incarcerated people who have been diagnosed with severe and persistent mental illness or co-occurring disorder to reduce recidivism.
- ❑ Reduce Emergency Department visits, crisis services utilization and hospitalization by collaboration with community workers.
- ❑ Provide consultation to Judges, District Attorneys, Lawyers, Probation, Police and Pretrial.
- ❑ Help participants meet their goals in a variety of areas, such as housing, mental health, employment and community involvement.